



“Inspiring, empowering and transforming children’s lives through outdoor education.”

www.exploringnewhorizons.org

Loma Mar: 650.879.0608

STUDENT PACKING LIST and INFORMATION

This year your child and their classmates will have the opportunity to participate in a residential environmental education program. The program will be conducted by Exploring New Horizons Outdoor Schools as an integral part of the regular classroom curriculum. Through hands-on experience, the students will explore the natural environment and apply their classroom knowledge to an outdoor setting. Through interactions with their surroundings and each other, they will gain awareness of natural and cultural communities.

Exploring New Horizons combines the teaching skills and talents of the classroom teachers, our naturalist staff, and trained high school counselors to provide a unique learning experience. We place an emphasis on developing an understanding and appreciation for our natural environment. Academic lessons focus on redwood ecology, marine biology, botany, geology, astronomy, animal behavior, cultural history, and problem solving. We foster cooperative, trusting and supportive relationships between the students, their counselors, the Exploring New Horizons staff, and classroom teachers.

The weather in the redwoods is likely to be quite variable. We may experience warm, sunny days, drippy fog, chilly evenings, rain or any combination of them all! Those students who are well prepared for all types of weather are the ones who are most comfortable and best able to enjoy their experience at the outdoor school. Clothing that is comfortable, warm and functional is important. Please follow the list closely, as it has been compiled after many years of programs. Children will carry their own luggage; please pack everything in only **ONE suitcase or duffel bag** (sleeping bag and pillow can be carried separately). Most importantly, be sure to **label everything**. For example, you can pack the sleeping bag and pillow in a garbage bag and label their name on the outside with a piece of tape.

ESSENTIAL EQUIPMENT

sleeping bag & pillow fitted twin sized sheet warm jacket WATERPROOF raingear 3 warm sweaters or sweatshirts warm sleepwear 2 long sleeved shirts 7 pairs underwear and socks 4 t-shirts 3 pairs long pants warm hat baseball cap (for sun)	bathing suit (for showers) 1 pair sturdy hiking shoes 1 pair old worn shoes 1 back pack Re-usable water bottle flashlight or headlamp (new batteries) washcloth, towel, soap toothbrush & toothpaste shampoo & conditioner hairbrush/comb lip balm Sunscreen 2 plastic garbage bags
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OPTIONAL EQUIPMENT

shower sandals

DISPOSABLE camera
Gloves
Sunglasses

letter writing supplies
reading materials
wrist watch
rubber boots (wet weather)
Barnyard Boogie Costume (**no
feather boas or masks**)
Cloth Bandana/Napkin

DO NOT PACK

Food, candy or gum

Hair spray
knife
matches
cell phone (no service)
make-up or cologne
money
radio
iPod, Tablets, drones
electronic games

Curling/straightening iron (fire
hazards)
Aerosol Sprays
ANYTHING VALUABLE

BRING A BAG LUNCH FOR THE FIRST DAY. ALL OTHER MEALS PROVIDED. FOR SPECIAL DIETARY RESTRICTIONS, PLEASE CONTACT THE CAMP 2 WEEKS PRIOR TO YOUR CHILD'S VISIT.

LOCATION Exploring New Horizons at Loma Mar is located on the property of YMCA Camp Loma Mar. The site is owned by the YMCA of Oakland and our staff runs the educational program. The site is located on 100 acres of redwood and oak forest approximately 15 miles south of Half Moon Bay and 10 miles inland from Pescadero. **The address of the camp is 9900 Pescadero Creek Road, Loma Mar, CA 94021.**